



Grapevine Newsletter

January - February, 2023

“Brave Little Nell: The Eleanor Roosevelt Story”

Friday, January 27, 2023
11:00 am

Immanuel Lutheran Church – Fellowship Hall
14103 Saratoga Avenue, Saratoga, CA 95070

Admission is FREE

Guests are welcome – accessible location



Join us for an imaginative “meet and greet” with one of history’s most famous women. Beloved and despised, belittled and adored, Eleanor Roosevelt faced tragic losses and challenges as a child and as a young woman. Despite hardships, she went on to become a passionate advocate for human rights.

Bay Area actress **Laurie Strawn** brings Eleanor’s story to life, sharing the former First Lady’s personal history along with the remarkable life and times that Mrs. Roosevelt lived in. While a company member at Sierra Repertory Theater in Sonoma, Laurie was asked to create a one-woman show about Eleanor Roosevelt. Thus, “Brave Little Nell: The Eleanor Roosevelt Story” was born. She has performed in theaters throughout the Bay Area for more than 15 years.

For additional information call or email Sumi Tanabe:
(408) 253-6191 atanabe@hotmail.com

Looking Forward to Tech Trek



Many thanks to everyone who has supported Tech Trek over the years. It’s a wonderful week-long camp emphasizing science, technology, engineering and math (STEM) for girls who have finished 7th grade. We have requested spots for 6 girls to attend the 2023 camp at UC Davis. If you would like to be more involved in Tech Trek, contact Cynthia Miller at 408-439-6530 or cynthia@koshume.com.

Cynthia Miller, Tech Trek Chair

Our Branch website is <https://losgatos-saratoga-ca.aauw.net/>

Our 2022-2023 Elected Officers

Co-President	Sumi Tanabe (408) 253-6191	atanabe@hotmail.com
Co-President	Marlene Lamb (408) 497-1555	marlenela37@gmail.com
Treasurer	Lynn Sprague (408) 867-9375	lynnspr@gmail.com
Secretary	Mara Otlans (253) 202-3307	marafelz@comcast.net
AAUW Fund VP	Arleen Pickett (408) 356-3233	arleenpickett@gmail.com
Membership VP	Virginia Turner (408) 866-4234	vturner@sbcglobal.net
Membership Treasurer	Louise Quenon (408) 867-0698	lquenon@comcast.net

AAUW MISSION STATEMENT

*AAUW advances gender equity for women and girls
through research, education, and advocacy.*

Please Welcome Our New Member

Marilyn Garten (Dual member) 21344 Dexter Drive Cupertino, CA 95014 Gettysburg College – BA Spanish Stanford University – MA Spanish	Phone: 408-253-5860 email: xonon1@comcast.net
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Directory Corrections

Tzelzin Hernandez
959 Rich Avenue #29
Mountain View, CA 94040

Laura Sternberg
5121 Union Avenue, Uni 454
San Jose, CA 95124

Phone: 408-559-2099

If you need to correct or change your information in our directory, please contact Louise Quenon, our database manager, at 408-867-0698 or lquenon@comcast.net.

Message from Your Co-President

JAPANESE CULTURE

In an effort to explore and expand AAUW's Diversity, Equity and Inclusion, I thought it might be fun and educational to share my cultural background as a third generation Japanese American. Japanese culture is a blend of traditions and modernity. Many of these principles are as relevant today as when I heard these from my own parents and grandparents.

1. **Oubaituri:** Never compare yourself to others. Constant comparison could make us feel we've let everyone down and lead us to become negative toward everything. Like flowers, everyone blossoms in their own way at different times. Don't judge yourself by someone else's path.
2. **Wabi-sabi:** Embrace your imperfections and accept the natural cycle of life. Nothing lasts and nothing is complete. Accept one's flaws and those of others. Wabi-sabi teaches us to be grateful and accepting. Once you accept your imperfections and begin to admire them, you can appreciate your environment more deeply and elevate your sense of well-being.
3. **Mottainai:** "What a waste" in Japanese but the concept conveys that everything deserves respect and gratitude. Don't be wasteful. I must have heard this expression over a hundred times growing up, primarily from my mother who experienced the Great Depression.
4. **Gamen:** "Patience, perseverance and tolerance." It means keep your dignity intact even in distressing times. With patience, perseverance, and tolerance, you slowly learn to build your composure under pressure, reduce anxiety levels, and improve resilience against stresses.
5. **Shigata nai:** Acceptance and letting go. "It is what it is." Some things are beyond our control, accept what you can't change and move on. Instead focus on how to deal with the present situation constructively.

You may have other principles passed down from your family and culture. Please share them with us.

Sumi Tanabe, Co-President

In Memoriam – Doris Traber

Long-time AAUW member Doris Traber died January 27, 2021, age 97. She graduated from San Francisco State in 1946 and joined San Jose AAUW in 1954. She and her husband Bill moved to Los Gatos in 1971 and she joined the Los Gatos-Saratoga branch. When her children Wendy and Rex got older, she began substitute teaching. She served – twice – as president of the Los Gatos History Club. She never missed a birthday or anniversary and was exceptional in her maintenance of friendships. Doris is survived by her son-in-law, daughter-in-law and two grandchildren.



How We Got Involved with AAUW



JoAn Lambert ~ Committee on Homeless Women

JoAn went back to college at SJSU when her youngest turned four and learned about AAUW from a few members, and she joined in 1976. She has participated in many groups including bridge, evening book group, and Out to Dinner. In 1986 she joined a new group started by Georgia Travis, the Committee on Homeless Women and Children, and has been very active in it since then, now serving as co-chair with Nancy Anderson. She is still involved with our Travel section as she is fond of both photography and travel. Her hobbies include raising fuchsias, succulents and cacti.

Julie Stevens ~ Calendar

Julie was working at the Career Action Center in Palo Alto and would share driving responsibilities with a good friend. During those trips she first heard about AAUW, its services, interest groups, and dedication to moving women forward. On her retirement some years later, she made sure to join. She has been involved with the Local Scholarship Committee and for many years has been the calendar editor for the *Grapevine*. She also makes sure that printed copies of the *Grapevine* and branch directory are mailed to those who request them.

Marilyn Fuller ~ Local Scholarships

Marilyn has always known about AAUW because her mom was an active member from the time Marilyn was a child. As a full-time public school teacher, Marilyn was too busy to join, but she joined in 2014 after she retired. She quickly joined the Local Scholarship Committee which she now chairs. She enjoys reading and participates in the book group gatherings and the Conversations in Spanish group.

Nancy Anderson ~ Committee on Homeless Women

Nancy worked as a social worker and earned her MSW. She met Georgia Travis who decided she should work with homeless women and children. So Nancy joined AAUW in 1986 and became deeply involved with the new Committee on Homeless Women and Children, serving now as its co-chair with JoAn Lambert. She also participates in the Conversations in Spanish group, having lived in Mexico as a child. She was the branch president in 1989-90.

Virginia Turner ~ Membership VP and Grapevine Editor

Virginia grew up around AAUW as her mother was an active member. After college it seemed like AAUW was the logical place to meet interesting, educated women, and she joined the Citrus Heights (CA) branch, then Orinda-Moraga-Lafayette (CA) and finally Los Gatos-Saratoga. Besides enjoying bridge, Best Sellers, and Great Decisions groups, Virginia has held almost every branch office including president (two different branches), program VP, membership VP, treasurer, and newsletter editor. Her hobbies include travel, investing, and choral singing.

***How did YOU learn about AAUW? A friend? Co-worker? Family member?
Help us spread the word about AAUW!***

What Is the AAUW FUND?

Do you wonder what your donation to the AAUW FUND does? This national fund provides grants to women who are doing research in many areas. Most of the recipients are graduate students working on advanced degrees. Some are already professors. The research they do is at a very advanced level, such as sustainable environments, global migration, refugee studies, and maternal and child nutrition.

This year, 39 women in California were given grants and there were four virtual events this fall in which they each described their work. All are inspiring! You can watch these events on the AAUW of California website under AAUW 2022 FUND EVENTS.

When you renew your membership, you will have an opportunity to donate to this fund if you wish to contribute to this worthy cause.

Arleen Pickett, VP AAUW FUND

Morgan Hill 40th Anniversary Wildflower Run

40th Annual
Wildflower Run
AAUW Morgan Hill
Live Oak High School
MARCH 26, 2023

10K Run | 5K Run or Walk or Stroller
Kids' 2K | Senior 2K

PHOTO BY DUNG TRAN

- * 40th anniversary t-shirts
- * Youth medals
- * Bonus baby-tees
- * Winner medals and prizes
- * Free event photos
- * Entertainment on routes
- * A great cause!

@WildflowerRun
WildflowerRun.org

AAUW Member
Discount Code:
gofaraauw

100% of proceeds
fund community grants,
scholarships, and
leadership programs
for women and girls.

Wildflower Run
40 YEARS
AAUW Morgan Hill

Our hikers and walkers will be taking part again this year, and we welcome more participants. We do not “run” as such, but we plan to walk the distance and go out for lunch after the event. Contact Jane Bishop at 408-356-7796 for more information.

January, 2023



- 3 Tuesday Conversations in Spanish.** Meets at **3:00 pm via Zoom.** Please contact Marilyn Fuller, 408-679-1167 if interested in joining, and for Zoom details.
- 6 Friday Armchair Adventure Travels. Kathmandu and the Annapurna Circuit,** presented by photographer Ken Bloomfield. Meets at **7:30 pm via ZOOM.** Nepal is a land-locked country bordering India and China in the Himalaya, home to the world's highest mountain. Kathmandu, its capital, lies in the Kathmandu Valley, also home to Patan and Bhaktapur. Join us to explore these areas, and trek a portion of the Annapurna Circuit in the foothills of the Himalaya. Then we'll go south to the Chitwan area to search for rhinoceros. *Contact JoAn Lambert for Zoom link at jgdblum@earthlink.net or 408-867-6237.*
- 9 Monday Board Meeting.** Meets at **10:00 am via Zoom.** Please contact Lynn Sprague, 408-867-9375 or lynnspr@gmail.com for Zoom information. **All members are welcome!**
- 10 Tuesday Committee on Homeless Women and Children** Meets at **1:30 pm** at Nancy Anderson's house, 1639 Daphne Lane, Saratoga. Contact Nancy Anderson, chair, at 408-982-5731 or dander2567@aol.com.
- 12 Thursday Scenic Hikes and Walks – UVAS CANYON COUNTY PARK.** Lovely hike along the creek with lots of beautiful waterfalls. Hurrah for the rain! **Meet Promptly, 9 AM, Los Gatos,** free limited parking North Side lot, behind Starbucks and Petco. Questions? Contact Kay Duffy, 408-867-0508, or Jane Bishop, 408-356-7796.
- 17 Tuesday Conversations in Spanish.** Meets at **3:00 pm via Zoom.** Please contact Marilyn Fuller, 408-679-1167 if interested in joining, and for Zoom details.
- 18 Wednesday Let's Do Lunch.** Please contact Chair, Joanna Yates, 408-395-2950.
- 20 Friday AM Book Review.** Meets at **10:00 am.** Come to discuss a book, good or bad, with others in the group. For details contact Chair, Margaret Bard, 408-377-6625 or margaretbard@gmail.com. **Come and Find Your Next Great Read.**
- 26 Thursday Scenic Hikes and Walks – BACK BY NOON HIKE** with coffee or lunch after. **Meet Promptly, 9 AM, Saratoga,** Argonaut Shopping Center, Sunnyvale/Saratoga Rd, opposite CVS. Questions? Contact Kay Duffy: 408-867-0508, or Jane Bishop, 408-356-7796.
- 27 Friday "Brave Little Nell: The Eleanor Roosevelt Story."** **11 am** at Immanuel Lutheran Church, Saratoga. See *Grapevine* cover for more details. Open to all.
- 31 Tuesday Film Buffs.** Meets at **11:30 am.** Contact Chair, Marlene Lamb, 408-497-1555 for details.

February, 2023



- 3 Friday** **Armchair Adventure Travels. Cuba: So Close and Yet So Far**, presented by world traveler Ed Chang. Meets at **7:30 pm via Zoom**. Cuba, a country so close to us, yet so far to go and visit it. We finally had a chance to visit this beautiful country and were able to tour half the country. Lots of American cars of the 1950's.
Contact JoAn Lambert for Zoom link at jgdblamm@earthlink.net or 408-867-6237.
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- 9 Thursday** **Scenic Hikes and Walks – SAN FRANCISCO VALENTINE ADVENTURE.** Hike along Market Street and the Bay for lunch and Valentine treats at the Ferry building. Bring your lover or best friend. **Meet Promptly, 9 AM, Saratoga**, Argonaut Shopping Center, Sunnyvale/Saratoga Rd., opposite CVS. Call Kay Duffy, 408-867-0508 or Jane Bishop, 408-356-7796.
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*January –
February, 2023*

Los Gatos-Saratoga Branch
American Association of University Women
14415 Evans Lane
Saratoga, CA 95070

News from AAUW California

New mailing address for AAUW California is PO Box 160067, Sacramento, CA 95812-0067.



Gov Trek is a new virtual program to get high school girls excited about careers in elected office and public service. With interactive activities, conversations with women in the field, a campaign contest, and more, we're sure to fire up some girl who will some day be in charge of our country. Five Saturday sessions will be held January through March. More information is available at govtrek@aauw-ca.org.

[The Kindness of Color](#) ~ webinar on aauw-ca.org website, January 10, 2023, 7:00 pm.

Two families, one Japanese-American and one Mexican-American: Two true stories of their separate battles with racism, incarceration, and school segregation in the WWII era.

Unexpectedly their lives intersect, paving the way for a landmark court decision in California.

Janice Munemitsu tells how the kindness of friends and strangers provided hope and strength to persevere against unjust treatment.

Grapevine Committee: Virginia Turner, editor; Julie Stevens, calendar; Ann Griffin, proofreader; Laurie Lindsey, web liaison. Deadline for March-April, 2023 is **February 15, 2023**. Email materials to vturner@sbcglobal.net. Branch website: <https://losgatos-saratoga-ca.aauw.net/>