



Grapevine

April, 2008

Los Gatos/Saratoga Branch
American Association of University Women

Educational Foundation Pot Luck—Awards Luncheon

Saturday, April 19, 2008

11 am to 1:30 pm

Immanuel Lutheran Church, 14103 Saratoga Avenue, Saratoga

***Speaker: AAUW Community Action Grant Recipient, Sister Pat Davis
The First Step: Beginning English Skills for Success***



- ***Election of 2008-2009 Executive Board***
- ***Tech Trek Campership Students***
- ***Local Scholarship Recipients***
- ***Named Gift Honorees***
- ***AAUW 50-Year Member Introductions***

***Bring your favorite gourmet salad, appetizer, or other interesting cold dish
The branch will furnish rolls, coffee, tea, and dessert***

Message From the President

April is a busy month for AAUW. Our state convention is April 4 through April 6 at Rohnert Park, California, earlier than last year. The delegates attending from our branch are Joan Kjemtrup, Audrey Lynch, Sharon Kelkenberg and Jan Leyse. In our budget we allot \$1,000 for two attending members, so we are pleased that Sharon and Jan are attending at their own expense. If any of you are interested in attending for at least one day, please let me know. The more informed we are about issues facing our state and national organizations the better we are in making our local branch decisions.

The other important meeting is our Educational Foundation Awards Luncheon. This Potluck Luncheon Buffet is fun. It is an opportunity to socialize with old

and new friends and honor outstanding women in our branch and the community college. We will also elect our 2008-2009 Executive Board. I look forward to seeing many of you there.

On another subject: how many of you read in the *San Jose Mercury News* or the *New York Times* March 4 issue the article, "Study/Cancer Risks Remain Despite Halt in Hormone Use" by the study's senior author, Dr. Marcia Stefanik? She was our General Meeting speaker in November. It is good to see the new research, published in the March issue of the *Journal of the American Medical Association*, which answers the question women are still asking, "What happens if I stop?"

As educated women it is important to keep informed about the many health issues that affect us and the lives of our families.

Gladys Armstrong

Enjoy Your Membership

Your officers have been working diligently to try to make the Los Gatos-Saratoga AAUW an effective organization to promote equity, provide professional growth, and facilitate friendship. We hope you take full advantage of the opportunities available. While trying to keep costs reasonable, there have been many different types of programs whose purposes have been to provide some fun and entertainment (the interest groups, the general meetings with creative speakers, the Christmas party, the April potluck luncheon) as well as providing informative programs (Joyce Ferris Metcalf discussing Women and the Law, Marcia Stefanick discussing the Women's Health Initiative, Beth Wyman, speaking on Women and History, and the May speaker, Dr. Seth Shostak, who will discuss astronomy). Some of the meetings have been for the purpose of helping to raise funds for the causes that AAUW supports (the author's lunch/Educational Foundation, English Tea/Homeless Women and Children, and the Hakone garden tour/local scholarships).

We hope you can feel proud of your membership in an organization that encourages young women to excel in science and math, promotes equal rights for women, supports women pursuing advanced educational opportunities, and gives assistance to women trying to become economically independent. We sincerely hope in whatever activities you have chosen to participate, you are enjoying your membership in our local branch, you will continue to do so, and if you have suggestions for programs, speakers, and events, you will make those suggestions known to one of the members of the Board.

Donette Dake, Grapevine Editor

Proposed Officers 2008-2009

The nominating committee proposes the following slate of officers for 2008-2009. The slate will be voted upon at the general meeting, the EF luncheon on April 19.

President Elect Lavonne Marafino
 Program Vice President Audrey Lynch
 Membership Vice President Lydia Norcia and Barbara Oggerino
 Ed Foundation Vice President Louise Quenon
 Legal Advocacy Vice President Betty Maminski
 Financial Vice President Joan Kjemtrup
 Secretary Judy Rossman

BRANCH INFORMATION

An Entertaining Afternoon at Hakone Gardens

Many thanks to everyone who helped make our fundraiser at Hakone Gardens such a success:

- Sumi Tanabe made all the arrangements with our main speaker, Dr. Phil Hartley, President of West Valley College, and with Madame Muramoto and her students who entertained us with traditional Japanese music on the shamisen and the koto.
- Gladys Armstrong arranged for the Saratoga Taiko group to perform, but the weather did not permit them to bring out their instruments. We hope to find another performance date for this wonderful group.
- Donette Dake provided copies of the musical program.
- Judy Zaccone and her husband Terry arranged chairs, set up the Japanese-style refreshments, and helped with cleanup as well.
- Diane Tanabe pitched in with set-up and cleanup.
- Kathleen King spoke about her own experiences as a student who attended West Valley College before transferring to Santa Clara University.

At this point we will be able to offer a total of \$1,800 in scholarships to women transferring from West Valley College to a four-year college or university in a math or science-related field of study. The committee will introduce our recipients at the EF potluck lunch on April 19; they are always very appreciative of our support.

You can help provide additional scholarships by making a tax-

deductible donation payable to ISPF – AAUW of SCCO; please send it to Virginia Turner, 14415 Evans Lane, Saratoga, CA 95070.

If you are interested in helping with next year's local scholarship committee, please call me at 866-4234 and I'll be happy to tell you more.

Virginia Turner
Local Scholarship Committee Chair

Bridge Interest Group

Several members of the bridge groups are meeting Tuesday afternoons at the Los Gatos Recreation Neighborhood Center to take Intermediate Bridge lessons from Sharon Krawetz. We all agree that Sharon is an excellent teacher and, if you are interested in learning to play, she will be offering Beginning Bridge at the Neighborhood Center starting April 15 and continuing through July 1st. If you are interested in improving your game, she'll also be teaching an Advanced Bridge class in the same time frame. You can get more information on-line at www.lgsrecreation.org or by calling 354-8700.

Louise Quenon
Bridge Sections Coordinator

**Committee on
Homeless Women and Children
Guest Speaker: Vanessa Cooper
Affordable Housing
Tuesday, April 8, 2008
7:00-7:30 pm
Nancy Anderson's Home
13561 Lomond Court, Saratoga
*Branch members are invited to
hear Vanessa Cooper.***

Being On Your Own

At our February meeting Sarah Model brought two Excel spreadsheets for interior and exterior home maintenance. We went over all the items and each person personalized her spreadsheet.

At the March meeting (which has not taken place as this issue goes to press) Sarah Model will lead a discussion on managing your finances.

For those interested in ideas about connecting socially, please come to our April meeting. Details are in this month's Grapevine.

You do not have to be alone to participate in our group. Everyone is welcome.

Sarah Model



April showers call for a rain slicker.

Tech Trek Science Camp for Girls

One of the evaluations by a camper that we sent to Tech Trek in 2003 and, who also went back as a counselor in 2005, summarizes the effect of her experience as follows: "Tech Trek was a very influential experience for me. I met my current best friend there (my roommate), and because of this, the experience was absolutely invaluable. Besides making friends at Tech Trek, I also learned that my interest in school was not something to be ashamed of. At Tech Trek, a natural curiosity about science and the way things work was encouraged, and ultimately caused me to challenge myself in high school by taking AP science courses. I would like to thank the women of AAUW so much for affording me this excellent opportunity."

Alexa was taking in the Spring of 2007, AP Physics, Trigonometry and Pre-Calculus Honors and plans to go to UC San Diego with a Neuroscience Major.

Wonderful comments like Alexa's are why some of us are so dedicated to Tech Trek. We have chosen four girls from 15 that had been recommended by the math and science teachers at CT English on Summit Road, Redwood Middle School and Fisher Middle School. Linda Hagelin contacts the teachers, talks to the parents of the girls who are recommended about the program, and arranges for the girls to come one afternoon where about five of us interview them and make the choices. The number of girls we send depends on the amount of money raised each year. Your contributions and participation in the Games Party in the summer are our main source of

funds. Through Helen Lemmon's efforts we again received an \$800 scholarship from the Saratoga Lions Club.

Any member who belongs to an organization that has community scholarship programs, please contact Nancy Hobbs and tell her how to contact the scholarship chair and apply. We have applied to the Morning Rotary in Los Gatos which would give us a start for next year.

Please come to the April 19 meeting and hear one or two of our previous recipients. The program is amazing and so are our girls.

Nancy Hobbs, 395- 4045
hobbsnmf@earthlink.net

Support Women Around the World

March is Women's History Month Saturday, March 8, was *International Women's Day*. Hundreds of events were held in countries around the world on this day to inspire women, celebrate their achievements, and highlight the need for continued action to ensure women's rights. The theme of this year's International Women's Day was "Investing in Women and Girls."

In honor of this day, AAUW joined with coalition partners in supporting the Global Resources and Opportunities for Women to Thrive Act (H.R. 2965/S. 2069). This critical piece of legislation would help shape U.S. international assistance and trade policy to give women in developing countries the tools and resources they need to lift themselves and their families out of poverty. By helping impoverished women start and grow businesses, promoting women's land and property rights, increasing women's access to employment, and improv-

ing the quality and working conditions of jobs dominated by women, the GROWTH Act seeks to enhance women's economic security.

Women's share of the labor force is increasing in almost all regions of the world, and women produce the majority of the food supply in most developing countries. Yet these women work in the lowest paying jobs, have less stable incomes, have less access to training and education, work longer hours, and have fewer economic opportunities than men. The GROWTH Act removes a number of barriers that prevent women from actively participating in their countries' economies.

AAUW's member-adopted 2007-2009 Public Policy Program states, "AAUW believes that global interdependence requires national and international policies that promote peace, justice, human rights, sustainable development, and mutual security for all people." As we join in celebrating International Women's Day, we ask you to help millions of mothers, daughters, and sisters around the world escape poverty and enjoy the promise of greater economic opportunities.

Take Action!

Urge your U.S. senators to co-sponsor the GROWTH Act.

Gladys Bernyk, Choices Chair



Boots to match the rain slicker!

Support Paid Sick Days to Keep Families Healthy

According to the Centers for Disease Control and Prevention, outbreaks of the flu continued to increase in recent weeks, with 49 states reporting widespread flu activity. However, millions of Americans still do not have the option of taking a sick day to care for family members or themselves without putting their jobs, their healthcare benefits, or their family stability at risk.

According to the U.S. Bureau of Labor Statistics, nearly half of American private-sector workers, including 21 million women, have no paid sick days. Only one in three has paid sick days for doctors' appointments or to care for a child. Low-wage workers are especially hard hit, with three in four workers without any paid sick days. A study published by the Kaiser Family Foundation found that 27 percent of low income workers put off getting health care because they cannot take time off from work, and 18 percent of women at all income levels face this situation.

Half of working mothers, who most often provide the lion's share of family care giving, report that they must miss work and often go without pay when caring for a sick child. With more than a third of Americans already experiencing significant elder care responsibilities, coupled with the aging of the baby boomers, the problem is likely to worsen in the years ahead.

For these reasons, AAUW strongly supports the **Healthy Families Act (S. 910/H.R. 1542)**. The bill provides full-time employees with seven paid sick days a year to be used for their own medical needs or to tend to the

medical needs of a child, spouse or parent. Part-time employees would receive a pro-rated share of paid sick days.

AAUW members have been very supportive of the Healthy Families Act in the past, and many of you have already contacted your representative and senators about this legislation. However, until this law is passed, we need to keep the pressure on Congress to ensure that American workers will be able to care for themselves and their families.

Gladys Bernyk

Expanding Your Horizons in Science and Math

The Expanding Your Horizons 30th annual conference took place on Saturday, March 8th. Local branches of AAUW showed their support by volunteering in many ways. This year approximately 500 young women from the 6th to 9th grades attended the conference. Twenty eight hands-on workshops were led by approximately 50 women who have careers in math, science or engineering. Some of the titles of the workshops were: *Magic Tricks for Science!*, *Rewiring the Brain*, and *Girls Rock*. There also was a workshop for the parents on *College Funding*.

The Los Gatos/Saratoga branch hosted a reception at the end of the day for the presenters of the workshops. It gave the presenters a chance to do some informal evaluating and chatting while they enjoyed some light refreshments. They always appreciate our providing this small token of our appreciation for their work. It was a treat to meet these women and hear their enthusiasm for exposing the girls to the world of math and science. Thanks to Barbara Shandera and my friend, Marion Hill, for helping with this reception.

Mary Ellen Madden

Some Great Quotes from Great Women

"It is not fair to ask of others what you are not willing to do yourself."
Eleanor Roosevelt

"Light tomorrow with today."
Elizabeth Barrett Browning

"Mistakes are part of the dues one pays for a full life."
Sophia Loren

"I think the key is for women not to set any limits."
Martina Navratilova

"...The day will come when man will recognize woman as his peer, not only at the fireside, but in councils of the nation. Then, and not until then, will there be the perfect comradeship, the ideal union between the sexes that shall result in the highest development of the race."

Susan B. Anthony

"I've never sought success in order to get fame and money; it's the talent and the passion that count in success."

Ingrid Bergman

"You may have to fight a battle more than once to win it."

Margaret Thatcher

"We have learned that power is a positive force if it is used for positive purposes."

Elizabeth Dole

**Remember to visit the
Los Gatos-Saratoga
AAUW branch online at
<http://aauw-lgs.org>
Make it a bookmark in
your browser!**

April 2008 AAUW Calendar

(Calendar items due on the 8th of the month to Mary Ellen Madden @ Lipetska@aol.com)

- 3 Thursday Trail Clean-Up, Meet promptly at 9:00 am** at the Los Gatos Park and Ride.
- 3 Thursday Great Decisions (Group 1), 1-3 pm** at the Saratoga Area Senior Coordinating Center. For information call: Anne or Al Stewart at 358-3177.
- 4 Friday Travel 7:30 pm** at The Terraces of Los Gatos in the Main Hall. "Birds In Nature" - Share with award-winning photographer Claudia Peterson some of her many stunning images showing the great variety of birds within the boundaries of San Jose. With great patience, she managed to record many exciting and active images of birds throughout the area, many of which are never seen in everyday life. Chair: JoAn Lambert, 867-6237. Co-chairs: Pat Khan, 741-1616 and Carol McFarlin, 867-2557.
- 7 Monday Board Meeting 4-6 pm** at the Saratoga Fire Station, corner of Saratoga Ave. & Saratoga/Los Gatos Road.
- 8 Tuesday Conversation in Spanish 1:30-2:30 pm** at the Saratoga Senior Center, Fireside Room. Any one who speaks a little Spanish is welcome. Contacts: Sharon Kelkenberg, 867-0588 or Helen Lemmon, 867-0575.
- 8 Tuesday Committee for Homeless Women and Children, 7:00-9:00 pm** at the home of Nancy Anderson, 13561 Lomond Ct., Saratoga. For information call Sumi Tanabe, 253-6191.
- 9 Wednesday Let's Do Lunch, 11:30 am** at Nick's at 35 E Main St., Los Gatos. Hostess: Ginny O'Reilly, 354-1853. Chair: Jean Power, 356-5122. An exciting new dining experience in Los Gatos. Visitors and guests are welcome.
- 10 Thursday Hikes and Walks, meet promptly at 9:00 am** at *Argonaut Shopping Center*, Saratoga—way out in front of Longs. Edgewood Park. Great wildflowers! Some ups and downs. Questions? Call Kay Duffy 867-0508 or Jane Bishop 356-7796.
- 15 Tuesday PM Book Review, 7:30 pm** at Saratoga Retirement Community, Licia Thomson, 741-7611. Book: "Suite Francaise" by Irene Nemirovsky. Reviewer: Marilyn Lenormand. Co- chairs: Pat Khan 741-1616 and Marlene Lamb 356-8441.
- 16 Wednesday Being on Your Own, 1 to 3 pm** at the home of Sarah Model, 19445 Mountain Way, Los Gatos (408) 354-7819. Sarah lives in the mountains so she will drive you up to her home. Please call her to let her know you are coming and to arrange for pickup. Subject: Connecting Socially.
- 17 Thursday Great Decisions (Group 1) 1-3 pm** at the Saratoga Area Senior Coordinating Center. For information call: Anne or Al Stewart at 358-3177.
- 18 Friday AM Book Review 9:30 am** at the home of Sandy Rappaport, 23484 Sunset Dr. Los Gatos. RSVP: 353-1253. Information: Margo Restruck, 741-5087, margrest@earthlink.net or Barbara Oggerino, 354-5394, oggerinobarb@aol.com.
- 19 Saturday Education Foundation Potluck Luncheon at 11:00 am** at Immanuel Lutheran Church of Saratoga. See front page for details.
- 22 Tuesday Conversation in Spanish 1:30-2:30 pm** at the Saratoga Senior Center, Fireside Room. Any one who speaks a little Spanish is welcome. Contacts: Sharon Kelkenberg, 867-0588 or Helen Lemmon, 867-0575.

- 24 Thursday** **Back By Noon Hike, meet promptly at 9:00 am** at Argonaut Shopping Center, Saratoga by Longs.
- 29 Tuesday** **Film Buffs, (NEW TIME) 1:00 to 3:00 pm**, at the home of Barbara Shandera, 1646 Canna Lane, San Jose. RSVP to Barbara, 978-0192. Chair: Mary Ellen Madden, 264-4488.

May

- 2 Friday** **Travel, 7:30 pm** at The Terraces of Los Gatos in the Main Hall. "Patagonian Adventure". Chair: JoAn Lambert, 867-6237. Co-chairs: Pat Khan, 741-1616 and Carol McFarlin, 867-2557.

Origin of the Name, Tulip

Although tulips are associated with Holland, both the flower and its name originated in the Ottoman Empire. The tulip is actually not a Dutch flower as many people tend to believe. The tulip, or "Lale" as it is called in Turkey, is a flower indigenous to Iran, Afghanistan, Turkey and other parts of Central Asia. A Dutch ambassador in Turkey in the 16th century, who was also a great floral enthusiast, Ogier Ghiselin de Busbecq, got their very names because of their Persian origins. Tulips were brought to Europe in the 16th century; the word tulip, which earlier in English appeared in such forms as tulipa or tulipant, entered the language by way of French tulipe.

(From Wikipedia)

About 75 miles north of Seattle, and about the same distance south of Vancouver British Columbia, BC, there is an area called the "Skagit Valley." At this time of year, during the month of April, the Skagit Valley Tulip Festival takes place. There are hundreds and hundreds of acres of tulips, daffodils and iris that bloom throughout the month of April.

(<http://pacificnw.naturephotographers.net/locations/skagitvalley/>)



Tulips in the April rain.

All Members Asked to March in the Holiday Parade (April Fool!)



While the origin of April Fools' celebrations is much disputed, it is believed that the April fools were people who continued to celebrate the new year on April 1, the ancient start to the new year and the beginning of spring. This tradition continued well into the 1500's when the calendar was changed to reflect January 1, as the official start to the new year. Those individuals who continued to welcome in the new year on April 1, were considered simple minded. As a way to have fun with these people, they were sent invitations to fake parties and given gag gifts. Over time, April 1 evolved into a day of playing tricks and practical jokes on friends and family members.

From AOL Funology

Los Gatos-Saratoga Branch
American Association of University Women
14014 Pierce Road
Saratoga, CA 95070

Periodical
US Postage
Paid
Saratoga, CA
USPS 061-770

**April
2008**



The American Association of University Women (AAUW) is California's most active and diverse organization for women offering: action for equity, personal and professional growth, community leadership, and friendships.

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

Grapevine Newsletter Editor, Donette Dake (353-2342), Co-Editor, Sarah Model
Distribution: Judy Zaccone. **Final deadline for copy is on the 10th of the month.** Copy to dcdake@yahoo.com
Published monthly except July and August by Los Gatos-Saratoga Branch of the American Association of University Women.
Periodical postage paid at Saratoga, CA 95070-9998.